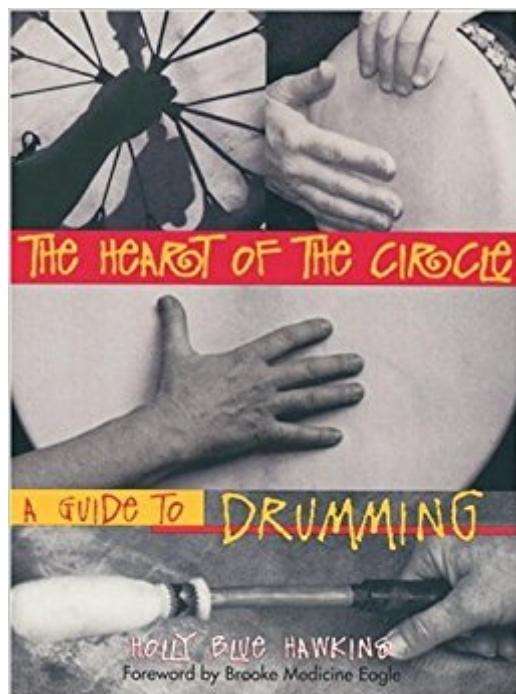


The book was found

The Heart Of The Circle: A Guide To Drumming



Synopsis

Discover your own inner rhythms and learn how to incorporate drumming into your spiritual practice, including how to find and care for a drum, call a circle, set an intention, and drum together.

Book Information

Paperback: 129 pages

Publisher: Crossing Press; English Language edition (August 1, 1999)

Language: English

ISBN-10: 1580910254

ISBN-13: 978-1580910255

Product Dimensions: 8 x 6 x 0.4 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 3 customer reviews

Best Sellers Rank: #1,420,115 in Books (See Top 100 in Books) #95 in Books > Arts & Photography > Music > Musical Genres > New Age #747 in Books > Arts & Photography > Music > Instruments > Percussion #39812 in Books > Religion & Spirituality > New Age & Spirituality

Customer Reviews

This is a nice little book,a quick, and easy read.However, I thought it would talk about drumming for health.I was a bit dissapointed that it didn't.The overall tone of this book is very spiritual,which surely is not a problem,but I had assumed that it would cover topics related to how using a drum for healing can benefit one's mind and body.....Not just their spirit. I have ordered something else, which I hope will deal mostly with the medical aspect of the drum.Again,if you are really looking for a great "spiritual" drum book, this one will work well for you!

This is a great book for those interested in using drumming in personal meditation or ritual type situations. It focuses on the more spiritual aspects of drumming, connecting with your drum, and has several examples of dedication and personal meditation rituals within the book. It includes a basic primer on drum types and rhythms but does not include much in the way of 'hands on' type information. The book also mainly focuses on Native American drum information and (unless this has been updated since the last publication) the retailer websites listed in the appendix are mostly out of date. However, this book would still be an excellent addition to a larger drum instruction library, particularly for those interested in developing a spiritual dialogue with drumming.

This book primarily deals with those of you who are interested in drumming for personal reasons rather than for an audience. Personally I drum in a band and also I drum to myself for relaxation. Holly Blue Hawkins explains her reasons for drumming and teaches how one goes about solving life's problems and answering questions over a drum session. No matter how long you have had a drum or how often you play, this book will change the way you pick up your drum and the way you treat your drum and most importantly you will learn what drumming means to you.

[Download to continue reading...](#)

The Heart of the Circle: A Guide to Drumming New Orleans Jazz and Second Line Drumming: Book & CD (New Orleans Drumming Series) Amish Circle Letters II: The Second Circle of Letters: Contains An Amish Spring, An Amish Summer, An Amish Autumn, and An Amish Winter Circle Series 4-in-1 (The Circle Series) Praise & Worship Drumming: A Guide to Playing in Church Quad Logic Revised Eiton - Guide to the Art of Drumming The Commandments of R&B Drumming: A Comprehensive Guide to Soul, Funk & Hip Hop, Book & CD The Patient's Guide To Heart Valve Surgery (Heart Valve Replacement And Heart Valve Repair) World Music Drumming: Teacher/Dvd-Rom 20Th Anniversary Edition The Art of Bop Drumming: Book & CD (Manhattan Music Publications) Rhythm and Drumming Demystified: A Method to Expand Your Vocabulary While Improving Your Reading, Timekeeping, Coordination, Phrasing, and Polyrhythmic Skills. The Evolution of Jazz Drumming Beyond Bop Drumming: Book & CD (Manhattan Music Publications) Drumming at the Edge of Magic: A Journey into the Spirit of Percussion Rock Drumming for Beginners: How to Play Rock Drums for Beginners. Beats, Grooves and Rudiments (Learn to Play Drums) Drum Class Method, Vol 1: Effectively Presenting the Rudiments of Drumming and the Reading of Music Drum Class Method, Vol 2: Effectively Presenting the Rudiments of Drumming and the Reading of Music The Encyclopedia of Double Bass Drumming Mel Bay's Basics of Drumming Wall Chart Drumming For The Gods (Studies In Latin America & Car)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)